



**A message for all guests staying at St. Esprit Lake
Wilderness Holiday:**

We are proud to announce the opportunity for guests, friends or anyone else looking to improve their health to embark on a unique treatment with a PEMF device (a pulsed electromagnetic field device) during one's stay at St. Esprit Lake Wilderness Holiday.

A typical PEMF treatment only requires 10-20 minutes, during which the device will act to feed energy to every cell of your body, allowing these cells to normalize their transmembrane potential, optimize their metabolic functions and increase the efficiency at which they are able to absorb important nutrients and remove harmful wastes.

Since PEMF therapy optimizes function at a cellular level, and because cells are the basic unit of life, the health of a human being as a whole will be optimized as well.

**We are looking forward to welcoming our guests
at St. Esprit Lake Wilderness Holiday,
and giving them the chance to reconnect with nature
and the vitalism everyone deserves to have.**